

# The Sun's Amazing Energy

The Sun is our closest star. It makes huge amounts of **heat and light energy**. This energy travels through space to Earth.



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How does the Sun's energy help you?

## All our energy comes from the Sun

It supports all life on Earth. Our Sun is in the centre of our solar system and the eight planets, including Earth, orbit around it.

## Solar energy

Heat and light energy that comes from the Sun is called solar energy. We can make electricity from the Sun's energy using solar panels. These provide energy for us using only the power of the Sun.

