

# Garden potion

## Overview:

Kids will love making a bit of magic in the garden with a pretend potion.

## What you need:

- A bowl
- Old wooden or plastic spoon
- Flowers
- Grass
- Leaves
- Sticks and/or other found items
- Food colouring
- Water in bottles

Don't eat or drink the potions, they are just for play! If you're not sure if something is safe to touch then leave it. Only take what you need.

## Instructions:

1. Explore a garden and collect some nature treasures to use for your potion. Try to find things with a variety of textures, smells and colours.
2. Add a small amount of food colouring to some bottles of water. Get a bowl and spoon and take your equipment outside.
3. Have fun adding your chosen coloured water, flowers and nature collections into the bowl to blend a potion. Stir with an old spoon.
4. Have a make-believe tea party with your toys and show your family your creations.
5. Tip the potions back onto the garden when you're done.

